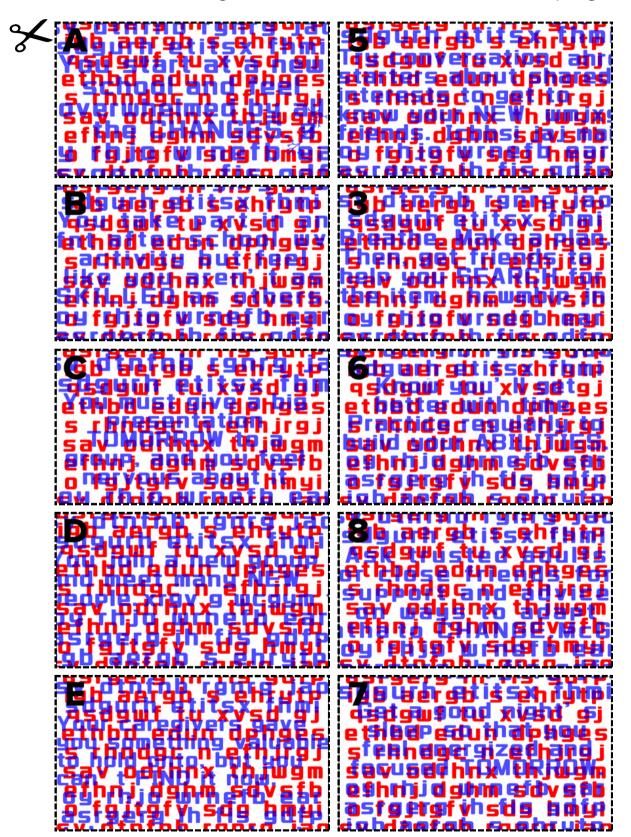


## For older learners.

Print and cut out all eight cards. Match stressors with coping skills.





## For younger learners.

Print and cut out all eight cards. Match stressors with coping skills.

